



FreshSTART

Solutions That Aid Recovery & Transformation

Celebrate Recovery Friday Nights at 6:00 PM

Celebrate Recovery is a 12 step Christ-centered recovery program for all who suffer from any type of hurt, habit or hang-up that prevents us from living out our best lives.

Free Meal
Children Invited
Testimonials
12 Step Program
Contemporary Music
Handing of Sobriety Patches

The Gathering Sunday Nights at 5:00 PM

The Gathering is sponsored by Craft Memorial UMC and FreshSTART. We are open to all! The Gathering is a place of hope, with an environment free of judgement and full of love!

Free Meal
Children Invited
Contemporary Music
Testimonials



Children's Christmas Party!

December 17, 2017

Gateway Church in Franklin, Tennessee will be hosting the 2nd annual FreshSTART Children's Christmas Party at Craft Memorial UMC in Columbia. Last year 63 FreshSTART children and teens received Christmas gifts that they had "asked Santa for". The gifts were personalized for each child and had their name.

Gateway brought the "REAL" Santa last year and provided an extravagant meal, activities, stories and cookie decorating station for our children and teens! We hope to reach many new children with the Jesus being born story and the love and light of Christ this Christmas. Thank you to our church Partners who make events like this happen!! If you have a FreshSTART child or teen and haven't received a call yet, please call Cynthia McGowan at 931-505-2387 to reserve a space for your young person at this event. Parents are expected to attend with their young children. Children 3rd grade and over can come without a parent. Transportation can be provided, if needed, but please call in advance as we will have MANY requests for transportation! Please pray for this event!

Prayer List

Success of Community
Appreciation Dinner

Opening of Men's Recovery
House

Discipleship House for Women

Need for Drug/DUI Court

Additional Transitional Housing

Jail Ministry

FreshSTART Recovery Church

*A Place Where Broken People
Find Healing and Restoration*

It is almost here... FreshSTART Recovery Church will have its' launch on December 31st, 2017! We were really uncertain of the perfect launch date until God led us to Sunday evenings (vs. Saturday evenings) and we realized that New Years' Eve is on a Sunday this year! PERFECT! What better night to launch a Recovery Church??! So many of us lay our habit down in the midst of a resolution and a hope and search for change and healing. God planned this launch before we figured it out. How cool?!

FreshSTART Recovery Church will definitely be a different kind of church. First it will be Recovery FOCUSED... not just Recovery Friendly... the direction of all ministries will be to help people and families find recovery from the brokenness that they have experienced. Healing moments, testimonies, prayer, tears, celebration will all be a part of the FreshSTART experience. Second it will be led by a diverse team of people in Recovery... diversity will be expressed and celebrated in every aspect of this new faith community... each person will bring energy, ideas, gifts and experiences that will help shape the worship life, discipleship, mission, fellowship and community building. Third it will be young and energetic... this might also mean spontaneous and spirit led and maybe... very outside the box of church-as-we-know-it... maybe even a wild adrenaline rush of creativity... the truth is that we believe it will be formed by the people who show up to lead and make up the community... the body of Christ that is this new church.

Pastor and Church Planter, Rev. Angy Trimmer, says she's as curious as anybody to see what God is creating here. She has purposefully worked on building the community, focusing on relationships, and empower the lay leadership in such a way so that the community itself creates the worship, discipleship and community life. "This

will be the authentic outpouring of God's Spirit as it is at work in our Recovery Community here in Columbia, Tennessee. I think it is cool that the real people who will make up this faith community get to decide what it looks like, feels like, sounds like... they will decide and learn to be led by God's Spirit in a way that they know this is God at work in them and through them. It is powerful to watch people who have never had ownership of anything take ownership in something so amazing and important and filled with great potential. They are proud of our church and what it is becoming before it is even born. I'm just doing my best to stay out of God's way as God does the beautiful work of creating!"

What to expect on December 31st, 2017:

7:00 Worship Experience & Children's Church

8:15 Food, Fun & Fellowship - All Ages

9:00 Choice - Youth & Adults - Dance Party - Children's Movie & Games

11:15 Wesley Covenant Service & Communion

Midnight - Celebrate, Welcome in the New Year, Prayers for the Church

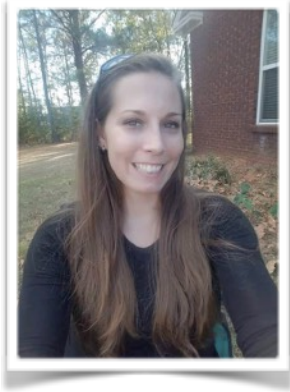
Join us for a night of Faith, Fun, Fellowship and Food as we begin the NEW YEAR with celebration for what God has done and is doing and is about to do next!

What to expect after December 31st...

FreshSTART Recovery Church will gather every Sunday evening at 5:00 for a community meal and fellowship. Worship will begin at 5:30. Small Groups and Youth Ministry will begin at 6:30. Look for more details next month. We still need volunteers for many areas, if you are interested in helping out!!

Blessings to all!
Reverend Angy Trimmer

Newest Member of the FreshSTART Team - Chelsey Tross



We are excited to welcome Chelsey to our team! Chelsey is the new Assistant Administrator of the Discipleship House, our Women's Recovery House in Mt. Pleasant, Tennessee. Chelsey comes to us with a wealth of Recovery Experience and a passion for helping women work the twelve steps. She has been a mentor/sponsor to many women in our recovery community and is an inspiration to all of us.

Chelsey was a resident of the Discipleship House and a graduate of their program in 2014. One of the ways that she gives back to the community is volunteer work in Maury County Jail. She brings a 12 step meeting into the jail every other week, which gives her a chance to meet women who might be interested in the program at Discipleship House.

Chelsey is a member of Craft Memorial UMC and will be helping to plant FreshSTART Recovery Church. She works with children in the nursery and has a beautiful 3 1/2 year old son, Ben. When Chelsey isn't working or playing with Ben, she enjoys meditation, hikes in the wilderness and *The Walking Dead*. Chelsey would love to help FreshSTART create wilderness experiences for people in our Recovery Community! She brings creativity and great ideas to our team and has helped us complete our first application for State funding. Please help us to welcome Chelsey and keep her in your prayers as she begins this journey with FreshSTART!!

Certified Peer Recovery Specialist Training - Chelsey Tross and Kakeisha Brown will be attending Certified Peer Recovery Specialist Training in the next month or so. This is specialized and intensive training provided by the State Department of Mental Health and Substance Abuse Services that allows them to receive a professional credential to help people on their recovery journey. FreshSTART hopes to have one or more men trained in an upcoming training event. Our goal is to have several people on our team receive this training in the coming year.